



ART OF COACHING PODCAST™ EPISODE 338:
TAYLOR EVERNDEN: BUSINESS OWNER BY DAY, JUNGLE EXPLORER BY NIGHT

Is there a specialization or singular focus you're currently pursuing in your career or professional life? What specifically would you like to achieve? What does success look like? Describe it in detail.

What are the potential costs of achieving your goal? Consider the tangible and intangible sacrifices you might need to make in terms of time, relationships, personal well-being, etc. Are these costs worth the potential outcome?

What are 2-3 other passions or areas of interest that have called to you, but you haven't yet explored? How could pursuing these passions complement or enhance your professional life?



Choose one of the callings you listed earlier. What specific barriers have prevented you from pursuing it? Is there a season or time of the year when tapping into this passion is more realistic?

What might be the long-term cost of NOT pursuing these interests or tapping into an alternative side of your personality? Consider how neglecting these could impact your overall fulfillment, creativity, and personal growth.

How can embracing vulnerability, especially by sharing personal stories from uncomfortable situations, make you a stronger leader? How can you challenge your team and others to seek solutions to problems and push them out of their own comfort zones?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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