



ART OF COACHING PODCAST™ EPISODE 336:
TOOLS AND STRATEGIES I'M USING TO WRITE MY NEXT BOOK: SNEAK PEEK

What do you find most challenging when working on large projects, such as writing a book? Is there anyone you could reach out to for advice? If not, is there anyone in the space you could research and emulate?

Where do you get the majority of your work done? How does your current workspace setup support or hinder your creative process? What changes could you make to improve it?

What tools or applications have you found most effective for capturing and organizing your thoughts and ideas? Why do they work well for you?



Describe how you take an idea or concept and integrate it into your creative ecosystem. Where in your process do you construct your framework or outline and set the core theme?

Has there ever been a time when you were attached to an old 'relic' of an idea that held you back from pivoting in the direction your project needed to go?

How can you keep yourself from falling into the trap of continual information harvesting? Is there someone in your life, or a mechanism you can put in place, to keep yourself accountable to the work?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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