



**ART OF COACHING PODCAST™ EPISODE 262**

**DON SALADINO - FROM RED CARPETS TO REACH: SCALING SUCCESS BY REINVENTING YOURSELF**

Think back to your very first job. What lessons did you learn or habits did you develop in that job that strongly correlate and have contributed to your current role?

If you hadn't learned those lessons, how would your life be different?

What risks have you been too scared to take?



**If you took the risk, and it didn't work out, what would your plan of attack be to "figure it out?" As much as it scares us, the reality is that life will go on. So how would you handle that situation?**

**If you took the risk, and it worked out perfectly, what would your next steps be? What pieces of your life would that impact and how would you manage that change?**

**If you took the risk, and part of it worked out but part of it didn't, how would you handle that situation? What areas of your life would be impacted and what would you do to make that situation work for you/ align with your goals and priorities?**



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
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