



**ART OF COACHING PODCAST™ EPISODE 247
HOW TO DEAL WITH KNOW-IT-ALLS**

Who is your know-it-all? Describe, in as much detail as possible, a typical encounter you might have with them. Consider these factors:

Who is involved?

Timing - are there any constraints due to events prior to or following the conversation?

Is there any noise or outside distraction influencing the interaction?

What is the environment like? Is it conducive to the goal?

Is the medium appropriate? (i.e. face to face, text, phone call, etc.)

How are you delivering the message? What does your mood and/or approach look like?

What do you think is that person's base desire? How do you know? If you're not sure, what questions can you ask them to find out?



What opportunities do you have to get this person involved in the conversation?
How can you let them share their knowledge so they can feel seen and validated?

In the past, what happens as a result of these encounters? Have you tried to "fight back?" If so, why?

To get a different outcome, you have to adjust for the constraints of the environment. How can you adapt to those constraints? i.e. Can you change the stakeholders? Can you change the environment?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



Art of Coaching Podcast™
info@artofcoaching.com



Art of Coaching Podcast™



Share This With Your
Friends!



[Share This](#)