



**ART OF COACHING PODCAST™ EPISODE 246
DANNY MATTA: SOCIAL AGILITY & UNFILTERED LEADERSHIP**

Think of two situations in your life where you need to lead differently based on your audience. On a scale from 1-5, how socially agile would you consider yourself to be?

Based on how you scored yourself, what opportunities do you have to improve your ability to adapt to the specific context?

In whatever goals you're working toward right now, ask yourself - are you really trying hard enough? What haven't you sacrificed to put yourself one step closer to success?



Are you in a situation where you're struggling to get your point across to someone? How can you take Danny's advice and change the environment?

If you've tried to adjust the environment, and that hasn't seemed to help, in what ways could you adjusted your delivery? What haven't you tried?

Think of a time when you tend to use rational thought to persuade others and it wasn't successful. How could you have tailored your approach to that individual for a better outcome?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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