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**ART OF COACHING PODCAST™ EPISODE 238**  
**BRIANNA BATTLES: CUT THE B.S. & PUT YOURSELF OUT THERE**

In your role as a professional, separate from the foundational knowledge you needed to be qualified for the position, what are the different skills you have developed because of your various responsibilities?

What skills do you have that you aren't able to leverage or that you feel are under-valued in your place of work? What is getting in the way?

Do some research. Make a list of the different jobs you could do based on your list of skills (hint: LinkedIn is a good place to start).



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No matter what your work environment looks like, what are the non-negotiables that you need in order to feel fulfilled and valued?

What do you want your brand to look like? What are the qualities you want to be known for?

What is holding you back from achieving this brand, feeling valued or fulfilled the way you want to, or putting your ideas into action? (check out our [Brand Builder Event](#) for help answering these questions!)



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
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# Art of Coaching Podcast™



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