



ART OF COACHING PODCAST™ EPISODE 237
DR. CELIA HODENT: WHAT THE PSYCHOLOGY OF VIDEO GAMES & UX CAN TEACH US ABOUT BUILDING BUY-IN

What are the things/ topics you are most curious about, and how do you pursue them?

What questions or experiences cause you to self-reflect?

What are some of the "vices" that you tend to fall for?



What have you put into the world that you thought was going to work out perfectly, but it didn't? How did you learn or adjust from that experience?

What have you been thinking about doing or working on that you need to just put it into the world so that you can learn, refine, and try again?

What are some of the qualities or characteristics that contribute to making an experience great for you?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



Art of Coaching Podcast™
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