



**ART OF COACHING PODCAST™ EPISODE 234
HOW TO MOTIVATE A LAZY STAFF**

If you were to describe the "culture" of your team, staff, or organization, what behaviors would stand out most?

Where do you think those behaviors are stemming from?

Do you find yourself habitually attributing people's actions and/or behaviors to fixed traits or to influenced responses to their context?



Can you think of a time when you made a call about someone's character, but were proven wrong when you saw them in another context or environment?

In your current leadership position (could be at home, work, or some other context) how do you fit people to their role and responsibilities? Are there people you could move around to set them up in a role they would really thrive in?

What types of rewards are you able to provide for your team? Which type would be most appreciated by each individual?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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