



**ART OF COACHING PODCAST™ EPISODE 173  
Q&A FRIDAY: ADDRESSING HOT TOPICS & STICKY CONVERSATIONS**

How do you think leaders should approach conversations about sticky topics like race, religion, etc.? Have you been in this situation? How did you deal with it?

Do you have any forms of side hustle or passive income? If so, list them below. If not, did this episode give you any ideas? What problem would you try to solve?

Can you work with someone you despise? What strategies have you tried or would you try if put into that situation?



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What questions do you want Ali and Brett to tackle next? Note your ideas here and then be sure to write in to the video ask next time it comes out!



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
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