



ART OF COACHING PODCAST™ EPISODE 163

COURTNEY KELLY: LEADERSHIP LANGUAGE - WHY WORDS MATTER MORE NOW THAN EVER

Why do you think most people believe they are better at communication than they actually are? What other behavior belongs in this category of false assumption?

How were you initially taught to write? Do you enjoy the process or does it weigh on you / suck energy from you?

What does theory of mind mean in your own words? Give an example of a time you were aware of it.



What do you do when you know certain language/words/motivational tactics would help you connect better to your audience or clients but you don't feel comfortable or appropriate using them?

Do you agree that saying what you're NOT can be simpler/more effective than saying what you ARE?

Do you read or watch fiction regularly? Why or why not? If you do, do you think it has helped with your creativity?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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