



**ART OF COACHING PODCAST™ EPISODE 154
ANDREW HAUSER: HEALTHY DETACHMENT IN LEADERSHIP**

Andrew and Brett discuss the value of having a healthy level of detachment (or the ability to remove emotion) in leadership. Describe a scenario in which emotion has helped or hindered a leadership decision you've been a part of.

What's something you've done that was initially perceived to be "bad" but ended up having a "good" or beneficial outcome?

Many people respond negatively to a car speeding by them on the highway but feel differently when they later learn it was rushing to the hospital. Describe a situation in which context changed the way you understood or responded to a certain situation.



What commonly accepted leadership practices and qualities should we question?

How would/do you approach Day 1 in a new job?

How do give yourself feedback? Is there an evaluation you use?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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