



**ART OF COACHING PODCAST™ EPISODE 143  
CAN YOU TEACH THE ART OF COACHING?**

**Brett claims that the most effective coaches have a combination of warmth AND competence. Make one argument for AND against this statement.**

**Describe the type(s) of people that have a hard time learning the art of coaching (as mentioned in this episode). Would you add any other types? Do you know or have experience with anyone like this?**

**When teaching the art of coaching, the goal is not to make someone more outgoing or even a more skilled communicator, but to improve their ability to relate to others. Agree or disagree?**



**Brett challenges all leaders who want to teach the art of coaching to ask themselves this question: Who or what is your model of great or effective leadership? Why is that the aspirational model for you? Answer this below.**

**What is the “perceptual gap” and how does Brett suggest closing it?**

**As a teacher or coach, we are responsible for recognizing context and environment and then creating appropriate learning conditions for the people we lead. How far should you bend and adapt before deciding someone can't be taught? Explain your thought process below.**



## Art of Coaching Podcast™

---

### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
**[info@artofcoaching.com](mailto:info@artofcoaching.com)**



---

# Art of Coaching Podcast™



Share This With Your  
Friends!



[Share This](#)