



**ART OF COACHING PODCAST™ EPISODE 124
CLINT MARTIN: RACE, GROWTH, AND MAKING YOURSELF ESSENTIAL**

This episode starts off with how we can fight against the perpetuation of stereotypes. What advice does Clint give? What would you add to it?

Clint is asked how he would walk the line between allowing individual expression and holding his athletes to a common standard. What are 2 ways you would allow individual expression? What are two standards you would uphold for everyone you lead? Why are those standards important to you?

As a coach or leader, how are you adapting your communication style to meet new constraints? If you aren't sure, brainstorm 3 ways you can start to provide uncommon value.



Describe a time when the “curse of knowledge” prevented you from being an effective communicator. What was the light bulb moment for you? How did you alter your message to fit your audience?

Clint discusses how teaching overseas caused him to grow as a coach. Provide 3 non-traditional ways that you can get out of your comfort zone, expand your horizons, and gain new perspectives. (Try to think of brand new experiences)

In “Devil’s Advocate” Clint shared how he both agreed and disagreed with the statement “Our greatest glory is not in never falling, but in rising every time we fall.” Provide your own answers to this statement. Next, provide an alternative view to a statement that you normally agree with.



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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