



**ART OF COACHING PODCAST™ EPISODE 120  
JOEL RAETHER: CREDIBILITY AND CAPABILITY**

Joel has found that many of his vocations and occupations (camping, dog training and coaching) require significant forethought, an iterative mindset and constant tinkering to make the next outing better. What are the different vocations and occupations you have? What do they have in common?

Based on your answer above, how do you (or can you) use the skills or knowledge from one of those domains to benefit another?

“The best are able to practice what they preach.” Argue for and against this claim.



**What are you chasing? What do you value most in life? Do your actions mirror those values or do you act differently than you say?**

**What are things society tends to chase that might have diminishing returns in the long run? (e.g. social media fame)**

**What's something you've done or said that once haunted you but now doesn't bother you? How did you come to be "unashamed" of this?**



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
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