



ART OF COACHING PODCAST™ EPISODE 119
STEWART VENABLE: WHAT LEAVENWORTH PRISON AND LEADERSHIP HAVE IN COMMON

Stewart describes in detail how he used impression management strategies during his first days at Leavenworth prison. Which tactic(s) was he using? Hint: go back and listen to Episode 117 for a list and description of the different types. What ways do you use impression management in your current role?

Much of the way Stewart crafted this initial impression was through non-verbal communication. List a few ways he did so and then describe what role non-verbal communication plays in your current job.

Stewart argues that “dark-sided leadership” is not only effective, it’s required. What does he mean and do you agree? Why or why not?



Which of Stewart's stories was most impactful? Which surprised you the most? Why?

During his time at Leavenworth, Stewart argues communication could mean the difference between life and death; Training in communication and being able to speak to everyone and anyone was absolutely essential. In what other situations might communication be the difference between life and death?

What is the "dead rapper" analogy? Does this exist in your field of expertise? If it does, what are some ways to combat this phenomenon?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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