



**ART OF COACHING PODCAST™ EPISODE 102**  
**LUKA HOCEVAR: NAVIGATION VS. INSPIRATION - HOW LEADERSHIP AND MANAGEMENT DIFFER**

When you think of the coaches / mentors you've had (or currently have), is there one trait they all have in common? For Luka, that common denominator is respect. If you had to narrow the list of traits you'd want in a leader/mentor to 3, what would they be?

Luka has dealt with a lion's share of adversity in his life. He credits much of his behavior today to having worked through these obstacles. How can you manufacture similar learning experiences without going through something traumatic?

It's also important to practice dealing with chaos and adversity in your career. Brainstorm a drill, activity or assignment that would enable you to practice managing chaos in your work environment. What constraints/variables do you need to consider?



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According to Luka, what's the difference between leadership and management? Do you agree or do you see them as one and the same?

Luka says, "What's difficult is scarce and what's scarce is valuable". What can you or do you do that's difficult / scarce and separates you from the rest of the pack?

Brett claims that we can "overdo" humility and vulnerability. For example, we might downplay our strengths to gain power or feign sympathy to make ourselves more relatable. What's something that appears to be well intentioned from the outset but has a dark side?



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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