



**ART OF COACHING PODCAST™ EPISODE 91
DION VON MOLTKE: OBSTACLES OF ONLINE COACHING**

What's your preferred method of online communication: email, text or social media? What's your least favorite? Which one are you best at? Are they different? What are the benefits of your favorite method? What are the pitfalls?

Would you pay for the online service Dion provides (if it applied to a skill you were working on)? What suggestions would you give him? What is his model missing? What does it do well?

What price would you put on an hour of your expertise? List the equation or factors you would take into consideration below.



Have you ever hired an online coach (of any kind) for yourself? What were your thoughts? If not, why haven't you?

Define culture in your own words. Do you believe you can just talk about culture or does it have to happen through action? Is this word overplayed?

Brett and Dion discuss the importance of being able to state your mission and vision, but also being able apply an image to those statements. Can you state your organization's mission/vision in one sentence, then one word, then one image? Attempt to do so below.



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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