



**ART OF COACHING PODCAST™ EPISODE 62
NICK GRANTHAM: BE A CHAMELEON**

How can trying to become a “generalist specialist” as Nick puts it, helps those looking to enhance their skill-set over the long-term?

On a base level, do you really agree with the points Nick makes with respect to not trying to define a niche too early in your career? Provide a devil’s advocate argument.

Every leader needs to understand how to adapt to their audience, yet this can be extremely difficult for those who are not self-aware. What self-awareness strategies do you utilize in order to better understand how you may be coming across others?

Describe a time when you failed to adapt to/connect with your audience? What was the demographic and situation? How did you feel after?



Brett and Nick discuss how to rebound from a sub-optimal coaching session. What are a few strategies that Nick suggests with respect to overcoming these types of obstacles? (Bonus article on this topic [HERE](#))

What were some of the hardships Nick experienced with respect to going through camp? What did he find so difficult about getting coaches to focus on relationships as opposed to making assumptions with skill-sets and technology?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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