



**ART OF COACHING PODCAST™ EPISODE 31
CHRISTIAN LARSON: IS FORMAL EDUCATION FAILING TO MOVE US FORWARD?**

How did Christian Larson define “exceptional teaching”? Do you agree with his definition?

Why is it important to remember someone’s name? Don’t just answer by saying “to be respectful.” Elaborate. What is the deeper connection that takes place when you actually pay attention to these types of details, and why do you think most people forget them?

What are some of the tips Christian provided to help with remembering people’s names?

Which ways did Christian describe the way he keeps his students attention during class?
(choose all that apply)

- A. Pauses lecture with application breaks
- B. Snack break
- C. Humorous content



Brett and Christian talk about learning styles and knowing their audience in lecturing and presenting. What are some of the ways Christian gets to know his audience? Do you take the time to get to know your audience? How?

According to what was discussed on this episode, is it better to create an ecosystem of material to learn from or to cram the material into the audience? Which is a better way to teach to get your point across and why?

Which mediums are becoming available to help improve methods of learning and communication? Which of these are you currently leveraging?

Why do you believe critical thinking such a scarce commodity?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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