



ART OF COACHING PODCAST™ EPISODE 5 NAVIGATING YOUR EARLY CAREER PT. 1

Why does Brett say that simply getting a degree, sending in resumes and doing internships are no longer enough to get a job in most competitive fields?

Fill in the Blank: _____ you know may get you the job, but it doesn't always keep you there.

What was a suggestion Brett made about something else you could send in when applying for a position? *(Check 15:30 in for a reminder)*

True or False: Brett states that the best thing you could do early in your career is to find a niche and only coach one type of athlete.



What is your current approach when applying for internships or jobs? Is there anything you're currently doing that could be updated, refined or revamped? How?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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