



**ART OF COACHING PODCAST™ EPISODE 4
DAVIS CONLEY**

In this episode, Brett mentions that coaching is a “dyadic” relationship. What is meant by the term “dyadic” and how does that pertain to relationships we create leaders?

Why is it important for us to better analyze how we communicate and go about building trust?

Davis said he feels so many in coaching are scared of taking risks. What was one reason that either he or Brett mentioned for this?

What kinds of risks make you the most uncomfortable?



Name 2 risks that paid off for you, despite the fact you didn't want to take them at the time. What convinced you to take those risks?



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



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