



**ART OF COACHING PODCAST™ EPISODE 3  
BROCK BITTLE**

Are you someone who has ever considered a career change? If so, what led to that?

What's the "tipping point" for you in regards to your current career path? How would you know if/when it is time to change course?

What are key things that an organization needs to have for you to believe in it? Be specific, and stay away from broad phrases like (it needs to be focused on helping people, it needs to be fun etc.)

Name a previous passion that used to make you incredibly happy but no longer fulfills you. What changed and what are some positives that came from it?



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How do you currently evaluate opportunities that come your way?



## Art of Coaching Podcast™

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### ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



**Art of Coaching Podcast™**  
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# Art of Coaching Podcast™



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