



**ART OF COACHING PODCAST™ EPISODE 17
BEHAVIORS THAT DEVALUE YOUR WORK, YOUR LEGACY AND YOUR PROFESSION**

Within this episode Brett discusses the concept of standards. How are the standards within your own profession defined? Most importantly, who created these standards?

Standards should be clearly set for both leaders, staff and those who are being led. In what ways are you ensuring that you, your staff and those being led adhere to the standards? How are you being accountable to your own standards?

Time is a nonrenewable resource for all of us, and efficiency is paramount within any organization. What have you done to enhance you own or your organization's efficiency? Were there any specific tools that have helped you?

While circumstances will certainly change throughout our lives and our career, it is critical that we at least have a general plan in place for the "long-game." How have you planned for your future? Please list 4-5 things that you have done to set yourself up your retirement no matter how far away it may seem.



Art of Coaching Podcast™

ABOUT



Join us as we dive more deeply into what it takes to change attitudes, outcomes & behaviors across a variety of world-class environments. Our guests include a wide range of professionals ranging from coaching, law enforcement, scientists, managers, military and entrepreneurs.

While I may originally be a strength and conditioning coach by trade- my work now spans across the corporate realm, military setting and beyond. If you work with people in any capacity and are fascinated by what makes them tick, this show is for you!

Each episode is packed with tactical insights as we prioritize providing you with key take-aways, instead mass produced "surface level" advice. Expect to be challenged, expect to be surprised and expect to maybe find a few laughs along the way as well.



Art of Coaching Podcast™
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